# Preparation Instructions for Upper Endoscopy

You have been scheduled for an Upper Endoscopy

## Please arrive a half hour prior to your scheduled appointment time

**(Being late for your procedure can result in delay or cancellation of your appointment)**

PLEASE NOTIFY OUR OFFICE 48 HOURS PRIO TO YOUR PROCEDURE IF YOU NEED TO CHANGE OR CANCEL YOUR APPOINTMENT. FAILURE TO DO SO MAY RESULT IN A $75 CANCELLATION FEE!

**IMPORTANT MEDICATION INSTRUCTIONS**:

If you are taking Ozempic, Wegovy, or Trulicity, you must stop the medication SEVEN days prior to the procedure. .

**If** you are taking blood thinning medication(s), aspirin, or other Non-Steroidal

Anti-lnflammatories, you must call your doctor who manages the medication(s) and ask whether you can stop them and when. If you do not have that information, we may not be able to obtain biopsies during your procedure.

If you are on Diabetic medication, please contact the physician who prescribes and monitors your Diabetic medication for any special instructions.

Please inform our office if you are taking seizure medication. If you use an inhaler, even if it is not on a daily basis, please bring the inhaler with you.

Discontinue all vitamins, iron supplements, fish oils, and any over the counter supplements 10 days before your procedure.

YOU MAY TAKE YOUR REGULAR MEDICATION WITH SMALL SIPS OF WATER UNLESS YOU HAVE BEEN INSTRUCTED OTHERWISE.

# PLEASE FOLLOW THESE PREPARATION INSTRUCTIONS:

# NOTHING TO EAT FOR EIGHT (8) HOURS PRIOR TO APPOINTMENT

# No Chewing Gum or Sucking Candy!

YOU MAY HAVE CLEAR LIQUIDS UP TO **FOUR (4**) HOURS PRIOR TO YOUR PROCEDURE

**BLACK** coffee is a clear liquid as long as ***NO MILK*** , ***CREAM. DAIRY, OR NON-DAIRY CREAMER*** products are added .

## SOMEONE MUST COME INTO THE OFFICE TO SIGN YOU OUT AND DRIVE YOU HOME. THIS DOES NOT INCLUDE A CAB DRIVER

**YOU MAY NOT DRIVE UNTIL THE NEXT MORNING!!**

\*\*\*Contact lenses should not be worn during the procedure.

\*\*\*Women under age 50 please be prepared to give a urine sample for the pregnancy test.

Please do not wear any jewelry the day of the procedure. We are NOT responsible for articles left behind.

\*\*\*Please contact office if you have a cold or fever prior to your procedure.