**CAPSULE ENDOSCOPY PREPERATION INSTRUCTIONS**

**Please Arrive 15 minutes prior to your scheduled Appointment Time**

**Being late for your procedure can result in delay or cancellation of your appointment.**

**3 DAYS BEFORE YOUR CAPSULE ENDOSCOPY:**

* Discontinue iron supplements

# 1 DAY BEFORE YOUR CAPSULE ENDOSCOPY:

# No solid food is permitted. You have only clear liquids. Clear liquids: Drink nothing darker than Apple Juice. You may drink: water, chicken broth, ginger ale, apple juice, white grape juice, lemon jello, and lemon ice.

# At Midnight begin fasting- NO liquids, including water.

# THE DAY OF YOUR CAPSULE ENDOSCOPY :

* CONTINUE FASTING UNTIL YOUR SCHEDULED APPOINTMENT**.**
* **DO NOT** take medications beginning 2 hours before undergoing Capsule Endoscopy
* Dress in a light weight top, and two-piece clothing.
* Two hours **AFTER** you swallow the pill, you can have clear liquids that are N**OT DARKER THAN APPLE JUICE.**
* Four hours **AFTER** you swallow the pill, you can have a light snack.
* While the capsule is in your body, you may not have an MRI exam, or be near an MRI machine.
* Take care not to expose the data recorder to water!
* You will need to return to the office at 4:30 PM for our staff to disconnect the equipment.